

Causes Of Female Infertility: Discover Them HERE

Read about the major contributing factors which result in infertility in females.

Do you know that there are numerous causes of female infertility? But the most common reason, which occurs in 75% of the fairer sex, is Pelvic Inflammatory Disease or PID. The incapacity to ovulate or Anovulation is one of the cases of PID. PCOS or Polycystic Ovarian Syndrome is another common ailment in this category. Some of the other forms of PID are Luteal Phase Defect, Gonadal Dysgenesis, Hypothalamic Amenorrhea, Endometriosis, Androgen Insensitivity Syndrome, Cervical Stenosis, Uterine fibroids etc. Even Menopause, Premature Ovarian failure and aging are potent causes of female infertility.

Also known as PID, Pelvic Inflammatory Disease in a woman results from bacterial infections on her reproductive organs, intestine within the pelvic area and appendix. The fallopian tube gets blocked as the infection reaches there. This result in turn blocks the egg in its way to uterus and thus, causing infertility. Caused by a bacterium called Chlamydia trachomatis, PID is a Sexually Transmitted Infection (STI). Its medical name is Salpingitis.

Pelvic Inflammatory Disease or PID may also be caused by Pelvic Tuberculosis. This is more common in the developing countries where tuberculosis has become a growing health hazard. Causes of female infertility can also be the after-effects of abortion when done under non-sterile conditions. In such conditions where a woman's reproductive organs are exposed to various infective organisms, she may catch infections and eventually become infertile.

Endometriosis (around 30%) may also lead to female infertility although it has not been confirmed whether endometriosis can be the sole cause of infertility or it is only a contributory factor that leads to it. Nevertheless, most women who are infertile suffer from Endometriosis.

Another very Polycystic Ovarian Syndrome or PCOS t common cause of female infertile is Polycystic Ovarian Syndrome or PCOS. Women suffering from this syndrome produce very high amount of androgen, a male hormone. This increased androgen production lowers the level of follicle-stimulating hormone resulting in failure to produce a matured egg. To add to the problem, the failed follicles begin to swell up with fluids and ultimately results in formation of cysts. With more and more follicle turning into cysts, the ovary tends to become larger till it resembles a grapefruit. This not only causes infertility but also produces a host of other complications.

Even if bacterial infection can be escaped, nature plays harsh games with some. Ovarian dysfunction does take place in women where the follicles degenerate way before menopause. This is commonly called as the Premature Ovarian Failure. Women suffering from it have menopause even before they reach forty years. Therefore, it is also referred to as Early Menopause. If treated in time, it can be cured but if left the woman can become sterile.

Hypothalamic Amenorrhea is also likely to cause infertility in women. In this case, due to disturbances in the hypothalamus-pituitary-adrenal system and the thyroid gland, menstruation stops.

Women suffering from uterine fibroids, especially those that grow under the uterine cavity lining, known as sub-mucosal uterine fibroid can also become infertile. Uterine fibroids can cause heavy bleeding, miscarriage and infertility in women. Cervical Infertility which includes Non-receptive cervical mucus and Cervical Stenosis, the sperm fails to pass through the mouth of the uterus due to obstruction or stenosis and it also fails to travel to the uterus due to inadequate cervical mucus.

The bottom-line is that female infertility is not curable through conventional therapies and treatments as these never try to find out the actual cause of infertility. These remedies can only suggest assisted reproduction techniques and medications. On the other hand, Holistic remedies first finds out the real causes of female infertility and then suggest remedies ranging from Chinese medicines to acupuncture to changes in diet to herbs and exercise. Over the years, holistic remedies have successfully proved to be the better and wiser approach to treat female infertility.

About the Author

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